

AI Recording Services

Easy Read information from Therapy Focus

What is AI?



Therapy Focus has AI tools to help write notes.



This means microphone hears your voice/ interpreter voice and changes voice to text.



This helps therapist write your notes.



This means your therapist can focus more on you.



Your information is safe and private.

What tools are we using?



We use two tools: Heidi AI and Microsoft Copilot.



Heidi AI is used by doctors and health workers across Australia.



Microsoft Copilot is built into a secure health system.



Both tools are safe and approved for use in healthcare.

What changes for you?



Nothing changes about your therapy sessions.



Your therapist is still in charge of your session.



You will still talk with your therapist the same way.



The AI only helps with note taking in the background.



The AI does not give therapy or make any decisions about your care.

Is my information safe?



Yes. Both tools follow strict Australian privacy laws.

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Your data is stored in Australia.



Any live recording is only kept for 30 days.



Your therapist saves written notes to your Therapy Focus file.



Your information is never used to train public AI systems.

Are my sessions recorded?



No. Your sessions are not recorded.



Recordings happen live during the session only.



The live recording is deleted after 30 days.

We need your consent



We need your permission before we use these tools.



Your therapist will ask you at every session if you are still happy.



You can say no at any time. This will not change your care.

Tell us your choice:



Yes — I am happy for Therapy Focus to use AI recording.



No — I do not want Therapy Focus to use AI recording.

You can also fill in a form with your therapist at your next session.

Common questions

? Why is Therapy Focus using AI tools?

AI tools reduce paperwork for your therapist. This gives your therapist more time to listen and focus on you during your sessions.

? Who can see my information?

Only your therapy team can access your notes. All information is handled under Australian privacy and health data rules.

? What if I change my mind?

You can change your mind at any time. Just tell your therapist. Your decision will never affect your care.

? What if I have more questions?

Talk to your therapist, or contact us on 1300 135 373 or email enquiries@therapyfocus.org.au

Contact us



Phone: 1300 135 373



Email: enquiries@therapyfocus.org.au



Website: therapyfocus.org.au

Therapy Focus