

Tele-Transition[®] Program Schedule



Our Tele-Transition[®] Program follows a specific week by week schedule which addresses individual learning modules. Participants will complete a combination self-directed learning tasks and attend peer group meetings, facilitated by our experienced therapists.

Schedule	Self-directed learning	Activities
3 months leading up to start of group		Screenings completed to determine suitability. Place offers are sent to customers
2 weeks prior to group commencing		Customer receives log in details and has access to modules
Week 1	Introductory module: Tele-Transition [®] Program	Complete the introductory module
Week 2	Online self-learning: Module 1 - Becoming an Adult	First meeting with therapist: choose life areas to work on/goal setting
Week 3	Online self-learning: Module 2 - Employment	Group meeting 1 - Module 1 - Becoming an Adult
Week 4	Online self-learning: Module 3 - Education	Group meeting 2 - Module 2 - Employment





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Week 5	Online self-learning: Module 4 - Finances	Group meeting 3 - Module 3 - Education	
Week 6	Online self-learning: Module 5 - Housing	Group meeting 4 - Module 4 - Finance	Individual therapy support meeting 1
Week 7	Online self-learning: Module 6 - Health	Group meeting 5 - Module 5 - Housing	
Week 8	Online self-learning: Module 7 - Leisure	Group meeting 6 - Module 6 - Health	
Week 9	Online self- learning: Module 8 - Relationships	Group meeting 7 - Module 7 - Leisure	
Week 10		Group meeting 8 - Module 8 - Relationships	
Week 11		Individual therapy support meeting 2	
Week 12	Review action plan	Individual therapy support meeting 3	
Week 13	Review action plan	Individual therapy support meeting 4	
Week 14	Review action plan	Individual therapy support meeting 5	
Week 15	Review action plan	Individual therapy support meeting 6	
Week 16	Review action plan	Individual therapy support meeting 7	
Week 17	Review action plan	Individual therapy support meeting 8	
Week 18	Review action plan	Individual therapy support meeting 9	
Week 19	Review action plan	Individual therapy support meeting 10	
Week 20	Review action plan	Individual therapy support meeting 11	
Post Group	Participants complete post-test measures and interviews with participants/ therapists		