

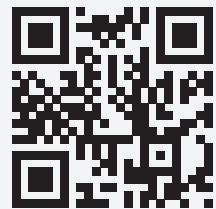
Circle of Security

A Program for Parents and Caregivers



Gain a deeper understanding of the parent-child relationship

The Circle of Security Parenting Program provides parents and caregivers with an understanding of the attachment relationship between themselves and their child. The program outlines specific strategies that support caregivers to become more attuned to their children's emotional needs, in order to strengthen their relationship with their child. Participants will engage in group discussions and individual reflection.



Scan to learn more about Circle of Security

What will I learn?

- How to better understand your child's emotional needs
- How to support your child to manage their emotions
- How to interpret and respond to challenging behaviour
- How to strengthen the parent-child relationship

What are the benefits?

- Understanding how your upbringing impacts your parenting
- Engage with other families learning about parenting
- Creating a community who understand supporting children with diverse needs

Group Details

Dates: Thursday's 5 May - 23 June 2022

Time: 9:30-11am

Venue: Therapy Focus Bentley
6/1140 Albany Hwy

Cost: \$872.91 paid privately or charged to NDIS Plan



Isabella Cammarano
Occupational Therapist



Tracey Ellis
Adv. Occupational Therapist

Register your interest by 21 April 2022!

Contact us on **1300 137 373** or email
southbankbaseadmin@therapyfocus.org.au.

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