

Social Chill Group



Do you want to become a socially savvy teen?

Our Social Chill Group is a fun and relaxed friendship group that aims to build social skills amongst teens. Using group discussions, games and brainstorming, participants will develop their communication skills and confidence when it comes to making friends.

What will be learnt?

- How to start conversations
- How to find out other's interests
- How to stay safe on various platforms (both in person and online)

Who is this group for?

Teens aged 12 - 14 years who:

- Are independent
- Looking to make new friends
- Have good regulation skills

Please note: This group is not appropriate for customers with high needs, people with complex behaviours and communication supports.

Group Details

Dates: Thursdays 4 November - 2 December 2021

Time: 3:45 - 4:45pm

Cost: \$874.69 charged to NDIS or paid privately

Venue: Seville Grove Library (Meeting Room)
78 Champion Drive



Emma Pannell
Speech Pathologist



Bridget Thwaites
Occupational Therapist

Register your interest by 12 October 2021!

Call us on **1300 135 373** or email
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