

pebbles

Management of bladder and bowel **health issues**, including toileting support, for children with **special needs**



PEBBLES stands for Providing Education on Bladder and Bowel health, Liaison, Expert advice and Support.



therapyfocus
growing potential



**Continenence
Advisory
Service**
01753 601111

We can help

Bladder and bowel problems, including challenges with toilet training, affect many children with disabilities.

PEBBLES can help children to achieve bladder and bowel control, or to become toilet trained.

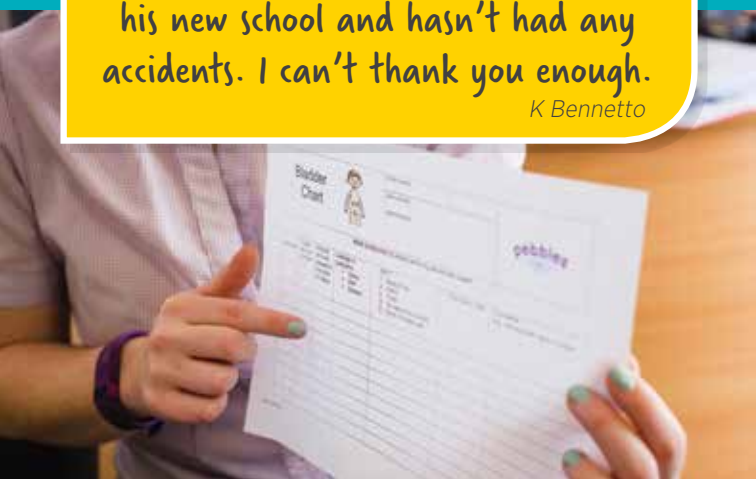
This can help your child by increasing:

- Self-esteem
- Opportunities for learning and socialising
- Independence
- Emotional well-being; and
- Participation in the community for the whole family.

PEBBLES works closely with families and the health care professionals, education, child care, and disability service providers involved in the child's care. Our staff are passionate about providing parent and caregiver support and education. We also provide training services for health, education, child care and disability sector staff.

It was such a struggle until I received your help. My son is doing well at his new school and hasn't had any accidents. I can't thank you enough.

K Bennetto





About our pebbles team

PEBBLES was started with funding from the WA Disability Services Commission in 2013. Its aim is to improve toileting and provide better management of bladder and bowel health issues in children with a disability.

PEBBLES is managed by Therapy Focus in partnership with the Continence Advisory Service.

The friendly and professional PEBBLES team is made up of:

- Continence Nurses
- Continence Physiotherapists
- Occupational Therapists
- Dietician
- Psychologist

Services can be delivered in the child's home, their school and in PEBBLES clinics in metropolitan and regional locations within Western Australia.

Our experienced team cares about helping you and your child improve their bladder and bowel control.

Our services

When our friendly staff meets with you we will conduct a thorough assessment of your child's bladder and bowel function and toileting skills.

Our clinics are designed to be a non-threatening, child friendly environment. Our team is passionate about helping children and their families to have a better understanding of what causes bladder and bowel problems and how they can be made better.

We will work with you to develop strategies to meet your child's continence goals. We aim to work with families, schools, doctors and other healthcare professionals to provide the best in continence care for your child.

Our range of services include:

- Development and support with toileting programs
- Treatment of bed wetting, day wetting, constipation and soiling
- Advice and prescription of toileting and continence aids
- Development of Social Stories™ and advice on apps to help teach skills and motivate your child
- Parent education and support groups
- Continence training for professionals



How to access pebbles services

NDIS service users

Children accessing the National Disability Insurance Scheme (NDIS) via the National Disability Insurance Agency (NDIA) or NDIS MyWay should ask their Service planner or coordinator to include PEBBLES services in their child's support plan.

Disability Services Commission (DSC) funded service users

Please complete the Service User Details form for DSC service users available on the Therapy Focus web page **www.therapyfocus.org.au**

Not sure?

Contact our friendly admin team who will assist you to ensure that your child with special needs can access PEBBLES.

Medical referrals

Medical practitioners are encouraged to complete a Medical Referral Form to provide details of the child's medical history. A Medical Referral Form is available from the Therapy Focus web site, **www.therapyfocus.org.au**

Toilet training may take longer for a child with a disability but can still be successful!

We help you to set small goals to build on success.





Contact Us

Phone 1300 865 401 (toll free)

Administrative enquiries and help with referrals

PebblesAdmin@therapyfocus.org.au

Clinical enquiries

Pebbles@therapyfocus.org.au

Web address

www.therapyfocus.org.au/pebbles

Clinic Locations

Metropolitan

- Mirrabooka
- Maddington
- Mandurah
- Merriwa
- Additional clinics operate as needed

Regional Western Australia

Regular clinics are held in regional areas, including clinics conducted in the new Therapy Focus Community Outreach Van.

